

Nutritionals

White Chocolate Truffle (Reference 125 mL) YY/YF CND

12/06/2018

Nutrition Facts	
Per 125 mL (100 g)	
Calories 120	% Daily Value*
Fat 1.5 g	2 %
Saturated 1 g	5 %
+ Trans 0 g	
Carbohydrate 25 g	
Fibre 0 g	0 %
Sugars 22 g	22 %
Protein 4 g	
Cholesterol 5 mg	
Sodium 55 mg	2 %
Potassium 175 mg	4 %
Calcium 125 mg	10 %
Iron 0.1 mg	1 %

* 5% or less is a little, 15% or more is a lot

INGREDIENTS: Low Fat Frozen Yogurt (milk ingredients, sugar, yogurt (milk ingredients, bacterial culture), glucose solids, mono & diglycerides, locust bean gum, guar gum, carrageenan, bacterial cultures), White Chocolate Flavor (sucrose, dextrose, fructose, milk, natural and/or N&A flavor).

Extra lean
 Low saturated fatty acids Free of
 trans fatty acids Low cholesterol
 Low sodium Contains
 calcium

Contains Milk.

Kosher: Yes

May contain traces of peanuts, tree nuts, soy, milk, eggs, wheat, fish, and shellfish.

Please Note:

Nutritional information is based on our standardized recipes and is calculated using information from suppliers and standard databases. Because our products are freshly prepared at our stores, exact information may vary. Data is rounded to meet federal regulations. Percent Daily Values (DV) are based on a 2,000 calorie diet.

Due to other products with allergens in our stores and at our suppliers, we cannot guarantee that any of our products are allergen free.

Raspberry YY/YF- CND NFS

12/19/2018

Nutrition Facts	
Per 125 mL (100 g)	
Calories 120	% Daily Value*
Fat 0.4 g	1 %
Saturated 0.3 g	2 %
+ Trans -- g	
Carbohydrate 24 g	
Fibre 0 g	0 %
Sugars 22 g	22 %
Protein 4 g	
Cholesterol 30 mg	
Sodium 60 mg	3 %
Potassium 175 mg	4 %
Calcium 150 mg	12 %
Iron 0 mg	0 %
* 5% or less is a little, 15% or more is a lot	

INGREDIENTS: Non-Fat Frozen Yogurt (milk ingredients, sugar, yogurt (milk ingredients, bacterial culture), glucose solids, mono & diglycerides, locust bean gum, guar gum, carrageenan, bacterial cultures), Raspberry Flavour (sugar, glucose syrup, frozen raspberries (15%), water, acidifier: citric acid, malic acid, colours: anthocyanins, caramel (E150c), flavourings, thickener: pectin).

Contains Milk.

Kosher: Yes

Extra lean Low sodium
Source of calcium

May contain traces of peanuts, tree nuts, soy, milk, eggs, wheat, fish, and shellfish.

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