

SOFT SERVE FROZEN YOGURT,	Kosher	Ingredients	Allergen Statement	Peanuts	Tree Nuts	Soy	Milk	Eggs	Wheat	Fish	Shellfish
Dark Vanilla	No	Low Fat Sweet Froyo: milk ingredients, sugar, yogurt (milk ingredients, bacterial culture), modified milk ingredients, glucose solids, mono & diglycerides, locust bean gum, guar gum, carrageenan, bacterial culture.  French Vanilla: sugar, glucose, water, tahiti vanilla extract, flavours, caramel colour, vanilla bean seeds, pectin, agar, vanilla powder, curcumin.  Activated Charcoal: activated charcoal	CONTAINS: milk  May contain traces of peanuts, tree nuts.	×	x		x				



## **NUTRITION FACTS**

Frozen Yogurt Serving Size 1 / 2 Cup   125ml or 100g*																
	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibres (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	lron %DV
SOFT SERVE FROZEN YOGURT, LOW-FAT																
Dark Vanilla	100	120	15	1.5	1.0	0	7	70	24	0	22	3.0	0	0	8	0

Percent daily values are based on a 2,000 calorie diet. Nutritional Information varies by province. Weight may vary depending on flavour and province. All of our non-packaged food products are produced and stored in environments where known allergens are present.