



**NUTRITIONAL FACTS** based on about 125mL (1/24) serving. Last updated 11/28/14

Our yogurt is made from 100% Canadian milk. While stringent precautions are taken, various flavours may contain food allergens.

	Calories (per serving)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Calcium (%DV)	Iron (%DV)	Vitamin A (%DV)	Vitamin C (%DV)	Gluten Free (GF)	Kosher (K)
<b>FROZEN YOGURT CAKES</b>																
Celebration Cake	150	5	4	0	10	90	23	0	16	2	6	2	30	6		
Oreo Cookie N Cream Cake	150	5	3	0.1	10	120	23	1	15	3	6	4	35	8		
Strawberry Cheesecake Cake	140	3.5	2	0.1	15	80	24	0	19	2	6	2	30	6		