

Chocolate Ice Cream CND

07/31/2018

Nutrition Facts	
Per 125 mL (100 g)	
Calories 170	% Daily Value*
Fat 6 g	8 %
Saturated 4 g	
+ Trans 0.2 g	21 %
Carbohydrate 23 g	
Fibre 1 g	4 %
Sugars 20 g	20 %
Protein 5 g	
Cholesterol 20 mg	
Sodium 55 mg	2 %
Potassium 150 mg	3 %
Calcium 150 mg	12 %
Iron 1.75 mg	10 %
* 5% or less is a little , 15% or more is a lot	

INGREDIENTS: Light Ice Cream (milk ingredients, sugar, glucose solids, maltodextrin, mono and diglycerides, locust bean gum, guar gum, carrageenan, natural and artificial flavour), Cocoa Powder.

Contains Milk.

Kosher: Yes

Low sodium
Contains calcium
Contains iron

Please Note:

Nutritional information is based on our standardized recipes and is calculated using information from suppliers and standard databases. Because our frozen yogurt is freshly prepared at our stores, exact information may vary. Data is rounded to meet federal regulations. Percent Daily Values (DV) are based on a 2,000 calorie diet.

Due to other products with allergens in our stores and at our suppliers, we cannot guarantee that any of our products are allergen free.